

Reflection for Thursday 10th June 2021

The Eucharist is the unending sign of the New Covenant, it is the continual and irrefutable reminder that God loves us. For in the Blessed Sacrament God shows beyond any shadow of a doubt that He is not an impersonal God, but that He wants a profound relationship with every one of us.

At every Church, our Lord waits in the tabernacle for his people to come and spend a few minutes with him, to come and enjoy a few moments of Heaven on Earth. With the Eucharist, we truly receive a foretaste of Heaven, we are given the true bread from heaven.

Heaven is communion with God, it is being with Him and sharing in the divine life for all eternity. The Eucharist is Jesus, it is God, not in a purely symbolic way, but literally, substantially, truly. When we receive Holy Communion, we receive Christ himself, we enter into communion with God!

As if this wasn't enough, the Eucharist not only shows the depth of intimacy that God longs to have with us, but it reminds us of the lengths He has gone, and will go to bring us to Himself. The Eucharist is also a memorial of Christ's sacrifice on the Cross.

Every time we celebrate the Mass, we celebrate the whole Paschal Mystery, that God took on human flesh, died, and rose from the dead so we might be with Him for all eternity. So, having just celebrated the great feast of Corpus Christi, the Body of Christ, let us renew our love for the Blessed Sacrament and ask ourselves, "What are we willing to do to be with God?"

Adapted from www.mycatholicgifts.com

Deacon Kevin